Happy fall and Friday Coal Creek Elementary! We are all so thankful for our families and the support you show us...whether that be through volunteering, your partnerships, in the community with your voice and with the financial contributions. Your involvement helps to make many things happen at CCE and much of what we do wouldn’t be possible without this support! I’m very happy that our students get to celebrate by turning me into an ice cream sundae :) It’s not something you see everyday and their excitement with this activity has been a real joy to watch. We settled on Friday, October 18th for the big event..pictures and some video will be shared for sure!

This week I was able to catch our K-Buds activity (partnership between Kindergarten and 5th grade) in action. My permagrin was hard to lose after leaving Mrs. Hunter and Mrs. Buffer’s classrooms...a truly awesome collaboration and joy to see our 5th grade leaders engaging with our Kinders. This type of cross grade level activity is one of the many activities that makes our campus special!

Special thanks to Mr. Maron for welcoming BikeED over the past couple weeks and to Amy Thompson and her team for providing the bicycling education through this program. BikeED delivers on-bike, vehicular training to elementary and middle school students throughout BVSD and blends education and advocacy with the aim of getting more students on bikes more often. Certified bicycle education instructors lead classes in coordination with Mr. Maron. Students were loaned bicycles and helmets. At the end of the two week program, our students along with a team of instructors completed a bike ride through the neighborhood. I am very thankful we were able to offer this opportunity to our students through a special safety grant :)

A few weeks ago, we completed our lockout/lockdown drills at Coal Creek with the support from our BVSD safety & security department. Overall we did very well and students/staff went into action efficiently and effectively. At the end of each drill, we always conduct a debrief meeting on what went well and also identify opportunities for growth. Celebrations from this day included swift response and 100% engagement from staff/students with dedicated follow through. Opportunities for growth were brought to my attention during our debrief so I was then able to speak to those few classrooms about the importance of taking these drills seriously. We discussed the importance of being prepared for anything and everything in the future.

(continued on next page)
Last Thursday, our Coal Creek Accountability Team met for a presentation on our Unified Improvement Plan (UIP) and a “CMAS Data Dive” activity. This gave us an opportunity to learn more about our school setting, school history, major improvement strategies, associated root causes and action steps that are being implemented to help achieve success. We started the data activity with some helpful videos and tutorials on how to read and understand CMAS data reports. We then dedicated some individual time to read two specific school reports-CMAS achievement and CMAS growth reports for CCE. Parents then came together as a group to discuss trends, observations and any commonalities in findings. This partnership and collaboration is one way for us to better understand the school improvement process and focus areas that are communicated to the BVSD and also the Colorado Department of Education. Here is a Link to the Slideshow/Presentation.

‘Tis the season for Parent Teacher Conference opportunities. At this point, all families should have had the opportunity to get signed up for a specific time slot through Help at Schools. Here is the Help at Schools Link to get signed up :) for a time to meet your child’s teacher.

Special thanks to the Coal Creek Elementary Student Council members, Mrs. Christine Corzine and to Mr. Ostendorf for all the planning, logistics, promotion and enthusiasm around our successful participation in the “National Walk to School Day” event on Wednesday, October 2nd. It was a great way to promote a healthy active lifestyle with safety in mind and always at the core.

- One Grateful Puma, Brian Muñoz

Please check the Lost & Found while attending Conferences.

THANK YOU PTA for the beautiful door decorations. We greatly appreciate all that you do for us!!!
Hello Coal Creek Families!

It has been such a wonderful start to the school year! Your students are truly amazing learners and friends. It is a joy to see them every day.

This month I was given the pleasure of speaking in front of the PTA on anxiety and I thought I would share the presentation with all of you. The purpose of the presentation was to discuss the signs of anxiety, along with the differences between stress and anxiety. After that, the discussion led to how to talk to your child about anxiety. I have put some of the points in the bulleted form below as a guide, and you can always reach out if you have questions.

- Encourage your child to open up about their stressors and worries
- Discuss and explain anxiety to your child
- Help them understand what anxiety looks like for them
  - Ask them what do you feel physically, emotionally, and what behaviors do you do?
- Model to your children how you have dealt with stress and/or anxiety.
  - Where do you feel it? How do you act?

Also, this time of year is one my favorites because we are going to start running groups! Groups are a great way for your child to get some focused time around skills that they can work on in friendships, classrooms, in the community, and in the home. All the groups have fun themes around them, and are not therapeutic groups at all. Below you’ll find more information about groups in elementary schools:

“"This year we are pleased to offer academic support groups with our elementary school counselor, Rob Dorr. Students may voluntarily sign up, be referred by their parent/guardian, or be recommended by their teacher for small weekly 30-minute groups to learn and hone skills for success in the classroom and outside the classroom. Focus areas include self-awareness, working in a team, building empathy, attention/organization skills, leadership and conflict resolution strategies, just to name a few. Being invited to these groups does not mean there should be a concern. These groups are not therapeutic and are meant to enhance skills that will help them in the academic setting. Rob’s goal is to work with every student at Coal Creek in this capacity.

Groups are designed to be fun and interactive and will give your child an opportunity to connect with other students while practicing new strategies. We will be rotating groups throughout the school year.”

If you are having questions about groups, you can always reach out to me. Please remember that groups don’t mean that there is a cause for concern. It is part of a school counselor’s role to run groups and be proactive with their lessons. That can be done in classrooms and in small groups.

Thank you so much for what you do in and out everyday for your children! It is your work that you put in that makes these children so special here at Coal Creek!

In partnership,
Rob Dorr
Library

Get ready for the Arctic Adventure Fall Book Fair
A large portion of all sales supports our library!

Tuesday October 15  8:00am-4:00pm
Wednesday October 16  12:00pm-7:00pm
Thursday October 17  12:00pm-7:00pm
Friday October 18  12:00pm-4:00pm

Add money to your child’s e-wallet before the fair so there’s no need to send cash with them to school to shop!

If you’re interested in volunteering at the book fair...we still need help!

Music Notes

Treblemakers Choir has begun! I am so excited! We already sound great and it is only our third rehearsal so save these dates to come hear us sing:

Friday, December 6th  Louisville Parade of Lights (time TBD)
Tuesday, December 17th  Winter Concert 6:00pm in the Coal Creek Gym
Friday, January 31st  National Anthem 6:30pm at Centaurus High School

PE News from Mr. M

Happy Fall! We just finished up with our 4th and 5th grade Bike Education unit put on by the school district. It was a great program and hope we can continue to have this at our school in the coming years.

Morning movers will continue for the next few weeks. The last date for that will be Oct. 24th.

This activity is for our 3rd-5th grade students and is from 7:40-8am on Tuesday and Thursday.

We are starting to tackle some cooperative activities and challenges in PE classes, which not only focus on movement but also the social-emotional aspects that we hope to grow and develop in our students.

Starting at the end of this month I am also going to start a monthly communication covering different topics surrounding our children and their activities outside of school. Many of our children play sports and engage in other activities. I will be sharing my thoughts and resources that I believe will be helpful to parents in regards to these activities for their children.
We have such creative students! They are eager to open studios and make art!

All Grades participated in our Original Works project (see flyer in this newsletter). Students spent time planning and thinking of what their audience would enjoy seeing printed on gift items. They spent multiple classes making their artwork. They are so excited to have you see what they made. We will all have to wait until later this fall when we get the order forms. Ordering window is November 1st-12th and will be delivered before Winter break.

International Dot day- all students were invited to participate by making a dot to celebrate the creative spirit in all of us. We had many dots in our lobby-Yayoi Kusama style.

Next Up:
K-1: Developing Studio skills and exploring artists
2-5: Opening new studios, developing ideas, trimester projects
5th: Artist Trading Cards to trade with Ms.Talty’s students in Mexico!

↑ We are enjoying our cheerful door design! Thank You Wood family and PTA!

CC Artist Quotes “I made golden!” “You should copyright that!”

Accepting Donations:

Painters tape, clear tape, popsicle sticks, small interesting clean items for building sculpture or environments, cardboard free of folds, labels and print (12x12 or smaller). Please drop off in the box labeled Art Donations in the Main office (lightly packed grocery bag or smaller) if full bag or larger please contact me to make sure I have room to store it.

michelle.zuccaro@bvsd.org
Thank you!
LOOK WHAT’S COMING...
in your child’s backpack soon!

A CREATIVE OPPORTUNITY
to support your child and our
school through the Original
Works Program.

CAPTURE a moment in time
by ordering custom keep-
sakes featuring your child’s
very own masterpiece.

ONLINE ORDERING makes
the process simple and
convenient.

LEARN more about this
exciting program by visiting:

www.originalworks.com/parents

Mugs • Magnets • Totes • Tiles • Ornaments • and more!
Preschool Available at Fireside Elementary

Fireside has afternoon preschool openings! Contact Nicole Duster for more information or to schedule a tour 720-561-7960 nicole.duster@bvsd.org

Health Room News

Please turn in your student’s updated Immunization Records if you have not already done so.

Thank you!
**Guidelines: When to Keep Your Child Out of School**

There are three main reasons to keep sick children out of school:

1. The child doesn’t feel well enough to take part in normal activities, (such as; overly tired, fussy or won’t stop crying).
2. The child needs more care than teachers and staff can give and still care for the other children.
3. The illness is on this list and staying home is recommended.

And remember, the best way to prevent the spread of infection is through good hand washing.

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Child Kept out of School</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DIARRHEA</strong> Frequent, loose or watery stools compared to child's normal ones that are not caused by food or medicine</td>
<td>YES: If child looks or acts sick: if child has diarrhea with fever and isn’t acting normally; if child has diarrhea with vomiting. May need medical provider advice.</td>
</tr>
<tr>
<td><strong>FEVER / FEVER W/FLU LIKE SYMPTOMS</strong> 100.5 or above with behavior change or other illness. Fever over 100.5 F with a cough or sore throat. Other flu symptoms can include tiredness, body aches, vomiting and diarrhea</td>
<td>YES: When the child also has a rash, sore throat, vomiting, diarrhea, behavior changes, stiff neck, difficulty breathing, etc. Consult Primary Care Provider (PCP) for advice or concerns. Must be home at least 24 hours after fever is gone without the use of medicine that reduces the fever.</td>
</tr>
<tr>
<td><strong>MILD RESPIRATORY OR COLD SYMPTOMS</strong> Stuffy nose with clear drainage, sneezing, mild cough</td>
<td>NO: Exclusion is not necessary, unless the child is displaying severe symptoms like fever accompanied by behavior change, or difficulty breathing. May need to contact PCP.</td>
</tr>
<tr>
<td><strong>SEVERE COUGHING</strong></td>
<td>YES: If severe, medical advice should be sought for uncontrolled coughing or wheezing, rapid or difficult breathing.</td>
</tr>
<tr>
<td><strong>VOMITING</strong> Throwing up 2 or more times in the past 24 hours or in association with other symptoms</td>
<td>YES: Until vomiting stops or PCP says it is not contagious.</td>
</tr>
<tr>
<td><strong>CONJUNCTIVITIS (PINK EYE)</strong> Pink color of eye and thick yellow/green discharge</td>
<td>NO: (bacterial or viral) Children don’t need to stay home unless the child has a fever, behavioral changes, or unable to avoid rubbing eyes. Call the PCP for advice and may discuss possible treatment.</td>
</tr>
<tr>
<td><strong>HEAD LICE</strong></td>
<td>YES: From end of the school day until after the first treatment (exception pre-K, send home right away).</td>
</tr>
<tr>
<td><strong>STREP THROAT</strong></td>
<td>YES: For 24 hours after starting antibiotics and 24 hours without a fever and the child is able to take part in usual activities.</td>
</tr>
<tr>
<td><strong>CHICKEN POX</strong></td>
<td>YES: Until there are no new lesions and all existing lesions have scabbed over.</td>
</tr>
<tr>
<td><strong>IMPETIGO</strong></td>
<td>YES: For 24 Hours after starting antibiotics.</td>
</tr>
<tr>
<td><strong>OPEN SORES ON SKIN</strong></td>
<td>NO: Skin Lesions must be covered by a bandage or clothing during the school day.</td>
</tr>
<tr>
<td><strong>HAND FOOT AND MOUTH DISEASE (Coxsackie virus)</strong></td>
<td>NO: Unless the child has mouth sores, is drooling and isn’t able to take part in usual activities.</td>
</tr>
<tr>
<td><strong>RASH WITH FEVER</strong> Note: Body rash without fever or behavior changes usually does not need to stay home from school, call the PCP</td>
<td>YES: Call the PCP. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be discussed with Primary Care Provider.</td>
</tr>
<tr>
<td><strong>VACCINE PREVENTABLE DISEASES</strong> Measles, Mumps, Rubella, (German Measles), Pertussis (Whooping Cough</td>
<td>YES: Until the PCP says the child is no longer contagious.</td>
</tr>
</tbody>
</table>

Adapted from Children’s Hospital of Colorado materials and CDPHE “Infectious Disease Guidelines in Child Care and School Settings”, December 2016
K - 12th Grade School-required Immunizations for the 2019-20 School Year

Dear parents and guardians of students in Colorado kindergarten - 12th grade schools:

- Colorado law requires students who attend a public, private or parochial kindergarten - 12th grade school to be vaccinated against many of the diseases vaccines can prevent. Your student must be vaccinated against:
  - diphtheria, tetanus & pertussis (DTaP, DTP, Tdap)
  - polio (IPV)
  - measles, mumps, rubella (MMR)
  - hepatitis B (HepB)
  - varicella (chickenpox)

- Vaccines are recommended for hepatitis A, influenza, meningococcal disease and human papillomavirus, but are not required.

- Colorado rule requires students entering kindergarten to receive their final doses of DTaP, IPV, MMR and varicella. Students entering 6th grade must receive one dose of Tdap vaccine, even if they are under 11 years of age.

- The number, timing and spacing of the required vaccine doses is set by the Centers for Disease Control and Prevention’s Advisory Committee on Immunization Practices (ACIP). You can view current versions of the ACIP vaccine schedules for children 0 - 6 years of age at [www.cdc.gov/vaccines/parents/downloads/parent-var-sch-6-6yrs.pdf](http://www.cdc.gov/vaccines/parents/downloads/parent-var-sch-6-6yrs.pdf) and for teenagers 16 - 18 years of age at [www.cdc.gov/vaccines/schedules/downloads/teen/parent-version-schedule-7-18yrs.pdf](http://www.cdc.gov/vaccines/schedules/downloads/teen/parent-version-schedule-7-18yrs.pdf).

- Please take your student’s updated vaccine record to school every time he or she receives a vaccine.

- If your student cannot get vaccines because of medical reasons, you must submit an official Immunization Medical Exemption Form to your school, signed by a health care provider licensed to give vaccines. You only need to submit this form once, unless your student’s information or school changes. You can get the form at [www.colorado.gov/vaccinexemption](http://www.colorado.gov/vaccinexemption).

- If you choose not to have your student vaccinated according to the current ACIP schedule for personal belief or religious reasons, you must submit a non-medical exemption to your school. Non-medical exemptions must be submitted every year. Multiple options are available at [www.colorado.gov/vaccineexemption](http://www.colorado.gov/vaccineexemption).

- Some parents, especially those with students who have weakened immune systems, may want to know which schools have the highest percentage of vaccinated children. Schools must report immunization and exemption numbers (but not student names or birth dates) to the state health department by December 1 every year. Immunization and exemption rates can be found at [www.colorado.gov/pacific/cdphe/school-and-child-care-immunization-data](http://www.colorado.gov/pacific/cdphe/school-and-child-care-immunization-data).

- You may want to talk to a health care provider licensed to give vaccines or your local public health agency (LPHA) about which vaccines your student needs or if you have questions. You can read about the safety and importance of vaccines at [www.immunizeforGood.com](http://www.immunizeforGood.com) and [www.colorado.gov/cdphe/Immunization-education](http://www.colorado.gov/cdphe/Immunization-education).

- If you need help finding a health care provider, or finding free or low-cost vaccines, contact your LPHA, or call the state health department’s Family Health Line at 1-303-692-2229 or 1-800-688-7777. You can find your LPHA at [www.colorado.gov/pacific/cdphe/find-your-local-public-health-agency](http://www.colorado.gov/pacific/cdphe/find-your-local-public-health-agency).

- Please share Page 2 of this letter with your student’s health care provider as it provides helpful information about vaccines required for school entry, per Colorado law.

Sincerely,

Colorado Immunization Branch | Colorado Department of Public Health & Environment
303-692-2700 | cdphe.dcdimmunization@state.co.us
December 2018
PTA News

Congratulations Coal Creek Community on meeting our fund raising goal for the 2019-20 school year!! Thank you very much for all of the support you provide to our children. And now Mr. Munoz will become a giant sundae at the hands of those same wonderful children!

ALL PARENTS please join us at 8:00 a.m. Friday, October 25, 2019, for the PTA Meeting in the cafeteria. Peter Hurst from BVSD will present on the adoption of Trip Tracker to reward our kids, and Lindsey LeCuyer will present on Garden to Table. We will also have some continuing PTA business to present for discussion. Please join the PTA by going to www.CoalCreekPTA.com. This allows you to vote on all PTA spending and budget proposals.

We continue to collect physical Box Tops in each classroom, but the system has also gone digital. Using the Box Tops App, you simply scan your receipt. No clipping and saving, but be sure to choose to support Coal Creek Elementary. We accept both kinds of Box Tops!

Amazon Smile is a simple and convenient way to benefit the school. Every time you shop at Amazon go to https://smile.amazon.com first and choose to support the Coal Creek PTA.

Dining for Dollars

Join us at Chipotle on October 8, 2019, 4:00—8:00 p.m. for our first Dining for Dollars of the school year. You must show them the flier in order to CCE to benefit.

Plan to join us at Lucky Pie on November 6, 2018, 4:00 p.m. – Close, for Dining for Dollars.

VOLUNTEER. There are multiple opportunities for you to volunteer this year in the classroom and outside. We are still in desperate need for crossing guards to keep our children safe traveling to/from school each day. Please go to https://www.helpatschool.org for an updated list of opportunities to step-up and help.

Thank you parents for all of your help!

Greg Reedy – Vice President/Finance; Amy Baggett – Treasurer; Peggy Wood – Secretary; Sara Estrada – Marketing and Fundraising Chair; Cristi Knudsen & Leah Vanberg – Volunteer Co-Chairs; Juliette Lepine – Teacher Liaison; Mark Larson – President; Carrie Whalen – Vice President

www.CoalCreekPTA.com CoalCreekElementaryPTA@gmail.com